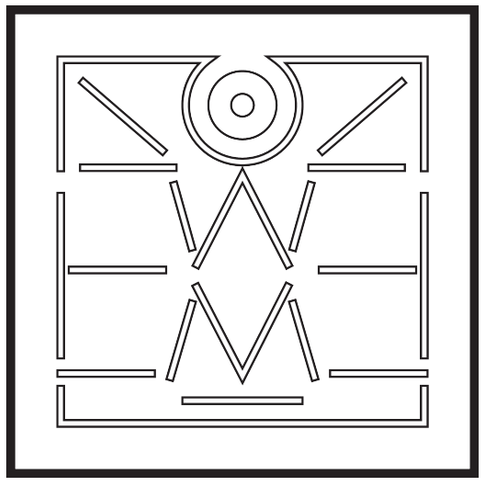
FIGU OHIO NEWSLETTER

FIGU-Interessengruppe für Missionwissen Ohio, USA

Annual Newsletter 4.06.2025 Issue 1

Tugend

Tugend entspricht einer ethischen Kraft, die sich danach ausrichtet, das Leben in korrekter und rechtschaffener sowie in einer Weise zu führen, die untadelig und gut ist.
SSSC, 21. Dezember 2013, 00.04 h, Billy



Selbstverantwortung

Self-Responsibility

Virtue

Virtue corresponds to an ethical value, which aligns itself toward leading the life correctly and righteously, and also in a wise that is irreproachable and good.
SSSC, December 21st, 2013, 00.04 h, Billy

An introduction to us...

Welcome to the first newsletter of the Ohio Interest Group for the FIGU Mission-Knowledge! We are a small group of friends who study the Creation-energy teaching together and strive to apply it in our daily lives. Our small group was formed more than 10 years ago and we meet once every month, with 4 meet-ups in person per year.

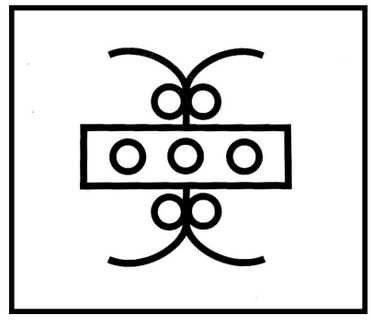
Our group has members with strong backgrounds in German, and as a result we decided to place our emphasis on translation work. You may see a few of these translations on our website. While considering how we can best contribute our skills to the mission, we decided to translate the book Gesetz der Liebe, or Law of the Love into the English language. This translation has been completed, and we have handed it over to the Canadian FIGU Landesgruppe to be printed.

Currently, we are working on our own writings to challenge our understanding and application, and share with others the importance of applying the teaching rather than always sitting back passively. All too often we read about doing the helpful and developmental things contained in BEAM's work, in our lives and for others, but end up doing less. To benefit from Billy's material it is necessary to implement what we study. What a treasure to have available and to have the unique opportunity to develop profound insights and incorporate them into our own lives.

While we are in the process of waiting in queue for Canadian publishing assistance, we are busy working out a more secure platform for collaboration that potentially avoids some concerns with most cloud services.

This adds a bit of time and overhead to future translation projects, however it should give us some flexibility and freedom too. Billy's works are so extensive it would be highly unlikely that they all get translated and published (by knowledgable human beings and not A.I.) that we should likely assume new projects in the near future if the availability and our efforts align themselves.

If you would like to talk to us, work with us, or join us, please reach out on our website.
www.figuohio.org



Freundschaft
Friendship

Being Thorough

Most of us remember a time when we lost something important, such as the keys or the wallet. Suddenly a rush takes over our mind, to figure out how to find it. This is the moment when we start to search everywhere, the room, the clothes, the car, and particularly the memory of when we saw it last. In those situations we usually find ourselves forced to be thorough. If we don't find a critical item, it could result in major trouble, and could cost us dearly. Often we need to look through every corner, nook and cranny, where our lost item could be. We need to really be thorough in our efforts – otherwise our efforts could be futile.

To reach a successful outcome, applying thoroughness is often necessary in situations as these. But do we consider how important thoroughness is in other areas of life? Instead of simply finding ourselves in situations where we need to be thorough, should we be proactively applying thoroughness?

In his book "Introduction to Meditation" Eduard Meier states that:

49. Every single effort requires thoroughness if one wants it to lead to a Ziel [fulfillment that one is aiming and working toward].

50. This applies especially to the consciousness-based concerns/areas and their effects to be created.

51.This thoroughness applies especially to the high and difficult task of the work on that noble path that leads to the end of suffering.

Those are some hefty statements which signify the importance of thoroughness. Let's consider a relevant example where a person wants to solve a problem in their personality, which causes many to suffer in their life: financial irresponsibility. To alleviate as well as to end suffering from this, the *Ziel* is to attain financial stability. Any person suffering from financial instability would need to develop an understanding of the relevant aspects of budgeting. Knowing the math behind it can often be easily understood. Usually the biggest challenge involves our own thinking patterns. In other words, the most important areas to address are those of our own consciousness, which need to be steered, regulated and developed appropriately.

A person may spend all the money they earn to fulfill their wishes, which then makes them financially broke. Here an understanding of oneself is necessary to be developed, because one needs to be able to see the aspects of one's own behavior, to determine where corrections need to be

made in order to avoid overspending. As a result, it is necessary for a person to figure out the right thoughts to cultivate, and to be thoroughly persistent in monitoring one's own thoughts, to correct and guide them. Only through proper thinking and by generating the right thoughts throughout the day can lead a person to success. Consider that even a single day where one is careless, can lead a person to financial ruin. Such is the case with someone addicted to gambling. This kind of person needs to be even more persistent in the correct forming of thoughts. Similarly a person may finally have reached some form of financial success, but due to their gullibility, they allow themselves to be scammed back to square one through one of the countless online scams.

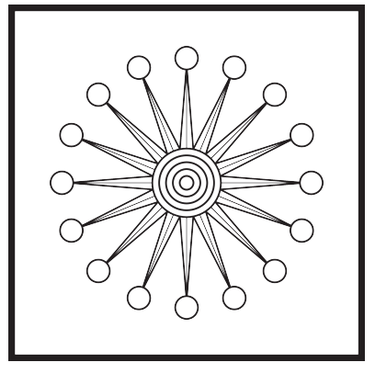
For our efforts to lead to a *Ziel*, often a change of the personality to the good and better, and a full evaluation of one's own values and drives are required. Taking a thorough inventory of the values of life, to figure out what is really important in life, allows us to dedicate our focus accordingly. While financial stability is a crucial step to avoid much suffering, the more critical aspect in life is our physical and consciousness-based health. We have heard how people waste their younger years chasing money, only to later spend all their money to regain health. Health is an aspect of life that many of us don't value enough, before we learn the hard way how valuable it really is. When we break our leg or even a toe, commonly we only then become aware of how much we need our whole body to work, to enjoy life to the fullest and to fulfill our daily tasks. Such a person who then focuses on maintaining their physical health, may still lack the necessary thoroughness, and neglects their mental health.

To maintain mental stability and to achieve various aspects in life, one has to practice healthy thinking. In contrast to healthy thinking, there is the unhealthy thinking, which also includes non-thinking. "It is essential to explain what stupidity actually is, and that it refers to the fact that it is effectively based on non-thinking, which means that all thinking is done quickly, fast and superficially, thus lacking the thoroughness of true and effective thinking. This leads to hasty decisions and actions, or even to orders and decrees which bring about exactly the opposite of what would and should be correct."
- Billy, Contact Report 787

These are just examples which many of us encounter. But there are simply countless ways of life, where being thorough is beneficial and required. Besides meeting the basic needs of food, safety and shelter, just consider the amount of the different types of pursuits that each person may want to attain. The aspects that need to be addressed for each of these are different, and each needs to be considered in depth to identify what is necessary.

I see thoroughness as doing everything that is necessary to fulfill your objective. Thoroughness to me also means to consider all the relevant aspects, without being negligent to any aspects which are important. The most crucial aspect of life is how we cultivate our thoughts. Now we see how many aspects of life exist, where we can prevent suffering and attain success through thoroughness, to attain a life that is happy and satisfying. The wrong thoughts about life can make us think that life is too complex and too difficult. But by cultivating healthy thoughts about life, through our consistent effort and daily striving forward in our values, we find that life is such a joy and worth living every day to the fullest.

Sanjin,
4/15/2024



Vollendung
Completion

Patience and Tolerance

Working, living and interacting in a once thriving commercial town, provided a multitude of opportunities to learn about patience and tolerance. The town was founded in the early 1900’s and bustled up to the 1960's, and was eventually compartmentalized by a highway construction changing its development. Demographic changes and a post war economy scarring and skewing community perspective, mindset and priorities which diverted county project resources, coupled with the burden of the ever increasing overpopulation and religious dogmas all counted heavily to an *ausartungen [falling away from the good human na*ture*]*. A fact that should be mentioned involved a minority population which slowly replaced the predominant one, added a unique set of complex circumstances. Further degradation from partial city neglect of its duties precipitated a large scale depreciation of homes as the occupants themselves failed to meet the basic communal needs contributing to 60 years of stagnation. But the inevitable rebound eventually started and was presented with new and pronounced obstacles with the attempt to resuscitate the once charming and prized Linden township - a task particularly challenging and rewarding for those willing to test their hypothetical concepts and understanding of the *Schopfüngsenergielehre [Creation-energy teaching]*. A task to put into practice gained cognitions, as soon as one realises them in alignment with the changing environment.

The town's decline also resulted from the all too common story of America’s self inflicted wounds spurred from our countless war interventions in North Africa, Mid-East [even new wars emerging as of this writing] etc., and a pronounced poverty stricken community struggling with intense spikes of crime as well as a huge international North African, Asian and Latin American footprint – offering a rich sense of diversity especially in relation to selection for international foods, shops, activities and the various shades of many beautiful skin tones/ clothing and cultural backgrounds, banking a net positive for the community. However, the flip side has revealed itself during a time with some of the most polarization and divisiveness occurring in the U.S. All of this while a global virus pandemic was raging with daily gunfights not uncommon, as those in surrounding areas grappled with psychological, physical and emotional traumas varying from isolation, poverty, lack of life direction, ethics, goals, sense of duty, *Nächstenliebe [love for those next to you]*, and inner-inspection. Where the community situation worsened through substance abuse and severe neglect.

Just in the first couple years of living in my new home community, never before had I witnessed such intense volumes of police and firefighter activity. Thankfully, things have progressed as the city decided to invest in infrastructure and an uptick had begun. This environment had offered countless learning opportunities to put the values of love, patience and tolerance, to name a few, into practice. It appeared the deterioration during the pandemic - a worldwide phenomenon was getting more dangerous and aggressive, further reinforcing the role and neccesity of neutrality and the importance of patience and tolerance.

In reference to patience and tolerance, these have played a pivotal role in my personal recent developments during these initial times of upheaval and have increased my cognition, namely that being patient and tolerant to everyone’s mood swings, knowing that they are typically ephemeral and short-lasting moments of displeasure, worth enduring for the stability and balance that comes about when met with neutrality.

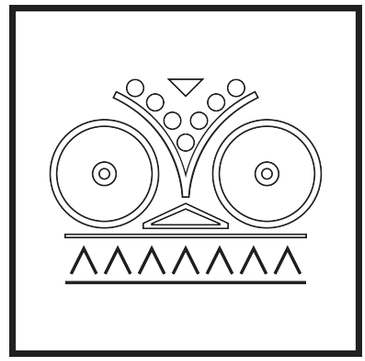
Some of the many problems we all face are unpredictable family changes, work changes, the workload of one's overall life goals such as career transitions etc. etc. which, on top of diverse environmental and global fluctuations, provide soil for growth. These obstacles certainly add to the

challenge, but they can lead one to become a stronger person especially viewed through the neutral, loving and humourful lens. Knowing what we can influence and what we cannot and witnessing the dystopian reality as is, but also with understanding, care and respect as to why it is the way that it is.

The key at least in my stage of the journey in staying focused and productive, cheerful and with a sense of fulfillment can be attributed to setting and adhering to daily, hourly and yes minutely or in real-time intentions, i.e. re-focusing and reassessing. Said another way, mental feedback-loops or self corrections are used in order for successful accomplishment of certain *Zielen [fulfillment that one is aiming and working toward]*. Little surprise to Creation-energy students this requires patience and tolerance, clear observation, openness as well as honesty at its root. Without which these fertilizers along with the training grounds that life provides, would offer far fewer, if any blossoms of wisdom in learned experiences. And neglecting their application can end up manifesting as repeated grueling failures with often little progress to show for.

Thankfully, utilising these values builds the duration capacity and longevity for deep insights as prerequisites for furthering one's development. Misapplying or outright avoiding having to grapple with learning these modes of behavior, habits and mental states, we might overlook and mis-evaluate many important factors in and around us that could potentially bring us great meaning and joy.

The discovery can be made that patience coupled with tolerance offers a particularly good challenge to reward ratio. For example, the harder it is to ignore a negative impulse, trait or urge, the feedback of life seems to pulse back by various wave-like effects. More often sooner than later as if you dropped a boulder in water and its torrent ricochet off a nearby object only to send intense waves back your way.



Geduld

Patience

But, instead of taking the hit full on, you learn to surf the tide, you learn to adapt and become neutral, two skills that can be gained through patience and tolerance. However, a magnification or worsening can easily happen if one responds to the same situation with negativity or even extreme positivity and its effects can wreak havoc. This is the same principle of cause and effect, likewise the energy it takes to endure a harrowing interaction, in neutrality, somehow seems to return as a neutral form of mutual respect between human beings.

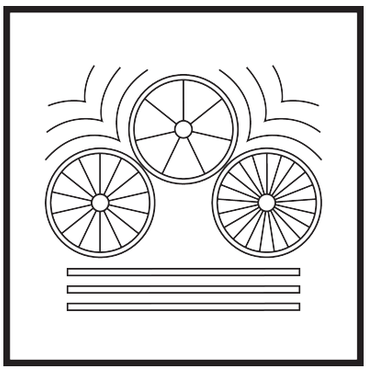
The neutrality can be trained and can become a natural state as negative habits or otherwise learned modes of thought are slowly replaced with equilised ones.
I learned what I thought was patience at an early age, and tolerance that seemed to wax and wane, but as I assimilated new growth, material gains and psychological and consciousness changes, I have deepened my respect for these two values. As a person who strives to learn a lot, it is especially challenging to imbue them as the mind has to adapt spatially/synaptically and in ways relearnt in every new sphere of connections, however containing a similar essence throughout, constantly pushing anew. Recognizing that to develop healthier habits with patience and tolerance can be more successfully achieved with the right mental activation energy i.e. concentration and focus, intention intensity as well as receptivity and openness. After quite a bit of experimentation in its implementation, I have discovered these two values

successfully lead to gains in wisdom, whether it be a detailed technical project, working with groups, or connecting with the fellow human beings, those *Nächsten*, especially the least anticipated interactions in a more humanly and consciously connected-wise count to the beginning steps of the basic love forms.

A very peculiar discovery is that in times when anger, disgust, contempt and increased blood pressure as well as nerves are felt, I remember to simply balance my thinking but then to genuinely listen to those *Nächsten* and understand that everyone's story feels just as important to them as yours does to you, as we often put our affairs above others and that taking the time to listen in a neutral and patient wise offers the chance for fresh connections with often unexpected heartwarming effects from mutual sympathetic swinging waves of the *Nächsten*.

Although challenging and important, even life-changing, it gives an often unexpected and quite refreshing as well as a fulfilling sense of purpose which rekindles a yearning for a collective return towards humanity in dignity, respect and honor for others. Although sadly, many people tend to lead each other astray, the importance of attentiveness "anyways and always" is such because it leads to a connectedness, love i.e. a realisation that we are all connected. And, indeed important developmental insights with regard to why people behave the way they do, not just the what, leads one further to self responsibility, stewardship of environment and a drive to further humanity.

Tim,
4/13/2023



Toleranz
Tolerance

Official/Unoffical FIGU interested meet-ups

Over the course of the past decade or so there have been a few memorable meet-ups with figu interested people, including several groups in the Northeast U.S. as well as the the West. A few more recent memorable interactions included a fun unofficial gathering of a few members from the Carolinas as well as the Ohio Interessengruppe.
Apart from having a nice multi-day chat we also got to explore some wilderness through a hike, attend a conservatory to witness rare species of plants/animals as well as a nice summer swim in a near-by lake.

Lake Erie Summer 2012

Figu Meetups 2012 & 2023